



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Kilb, Udo

Club: sc impuls erfurt
Number: 2249

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 53:09

Speed: 11.29 km/h
Running performance: 5:01 min/km

Rank in course/Total: 89 (of 163)

Rank in course/Men: 82 (of 136)

Best time in course: 35:03

Rank in category: 11(of 25)

Best time in the category: 41:50