



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Meißner, Christian

Club: Treffurt  
Number: 2305

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M35

Total time: 53:24

Speed: 11.24 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 91 (of 163)

Rank in course/Men: 84 (of 136)

Best time in course: 35:03

Rank in category: 10(of 15)

Best time in the category: 41:45