



7. Trefffurter Stadtlauf Treffurt / 11.09.2010

Detailed evaluation

Braunholz, Danilo

Club: SV Normania Treffurt
Number: 2285

Course: 10.60 km
Geländelauf lang

Category:
Männer M40

Total time: 53:43

Speed: 11.17 km/h
Running performance: 5:04 min/km

Rank in course/Total: 95 (of 163)

Rank in course/Men: 86 (of 136)

Best time in course: 35:03

Rank in category: 17(of 21)

Best time in the category: 41:58