



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Poller, Peter

Club: Laufftreff Breitung
Number: 2092

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 54:12

Speed: 11.07 km/h
Running performance: 5:07 min/km

Rank in course/Total: 99 (of 163)

Rank in course/Men: 90 (of 136)

Best time in course: 35:03

Rank in category: 16(of 25)

Best time in the category: 41:50