



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Eisenbrandt, Frank

Club: SV Normannia Treffurt
Number: 2017

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 55:42

Speed: 10.77 km/h
Running performance: 5:15 min/km

Rank in course/Total: 104 (of 163)

Rank in course/Men: 94 (of 136)

Best time in course: 35:03

Rank in category: 17(of 25)

Best time in the category: 41:50