



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

**Mortag, Hans-Jürgen**

Club: SV Normania Treffurt  
Number: 2271

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M60

Total time: 55:45

Speed: 10.76 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 105 (of 163)

Rank in course/Men: 95 (of 136)

Best time in course: 35:03

Rank in category: 3(of 9)

Best time in the category: 51:02