



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Lege, Tobias

Club: Weimar  
Number: 2230

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M20

Total time: 57:04

Speed: 10.51 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 114 (of 163)

Rank in course/Men: 103 (of 136)

Best time in course: 35:03

Rank in category: 15(of 16)

Best time in the category: 35:03