



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Keitel, Thomas

Club: Fitness Oase Ohrdruf  
Number: 2355

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M35

Total time: 58:03

Speed: 10.34 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 118 (of 163)

Rank in course/Men: 107 (of 136)

Best time in course: 35:03

Rank in category: 15(of 15)

Best time in the category: 41:45