



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Münch, Günther

Club: sc impuls erfurt
Number: 2248

Course: 10.60 km
Geländelauf lang

Category:
Männer M60

Total time: 58:05

Speed: 10.95 km/h
Running performance: 5:29 min/km

Rank in course/Total: 119 (of 163)

Rank in course/Men: 108 (of 136)

Best time in course: 35:03

Rank in category: 5(of 9)

Best time in the category: 51:02