



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Wahl, Klaus-Dieter

Club: Lauffreunde Gotha  
Number: 2363

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M55

Total time: 58:12

Speed: 10.31 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 122 (of 163)

Rank in course/Men: 110 (of 136)

Best time in course: 35:03

Rank in category: 6(of 7)

Best time in the category: 49:05