



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Grebe, Martin

Club: DVAG Eisenach  
Number: 2116

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M45

Total time: 1:00:01

Speed: 10.00 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 128 (of 163)

Rank in course/Men: 115 (of 136)

Best time in course: 35:03

Rank in category: 22(of 25)

Best time in the category: 41:50