



7. Trefffurter Stadtlauf

Treffurt / 11.09.2010

Detailed evaluation

Wietschorke, Ernst

Club: Mühlhausen

Number: 2277

Course: 10.60 km

Geländelauf lang

Category:

Männer M70

Total time: 1:00:27

Speed: 9.93 km/h

Running performance: 5:42 min/km

Rank in course/Total: 130 (of 163)

Rank in course/Men: 117 (of 136)

Best time in course: 35:03

Rank in category: 3(of 3)

Best time in the category: 56:10