



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Goetz, Helmut

Club: sc impuls erfurt  
Number: 2060

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M65

Total time: 1:01:04

Speed: 9.83 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 131 (of 163)

Rank in course/Men: 118 (of 136)

Best time in course: 35:03

Rank in category: 4(of 5)

Best time in the category: 52:53