



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Bechstein, Michael

Club: TABBS Vital
Number: 2237

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 1:01:09

Speed: 9.81 km/h
Running performance: 5:46 min/km

Rank in course/Total: 132 (of 163)

Rank in course/Men: 119 (of 136)

Best time in course: 35:03

Rank in category: 24(of 25)

Best time in the category: 41:50