



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Liedtke, Gerlinde

Club: sc impuls erfurt
Number: 2059

Course: 10.60 km
Geländelauf lang

Category:
Frauen W55

Total time: 1:01:27

Speed: 10.35 km/h
Running performance: 5:48 min/km

Rank in course/Total: 135 (of 163)

Rank in course/Women: 14 (of 27)

Best time in course: 46:24

Rank in category: 1(of 2)

Best time in the category: 1:01:27