



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Bornkessel, Andreas

Club: SV Normania Treffurt
Number: 2208

Course: 10.60 km
Geländelauf lang

Category:
Männer M30

Total time: 1:01:41

Speed: 9.73 km/h
Running performance: 5:49 min/km

Rank in course/Total: 136 (of 163)

Rank in course/Men: 122 (of 136)

Best time in course: 35:03

Rank in category: 10(of 10)

Best time in the category: 36:31