



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Hartmann, Heinz

Club: VfL 28 Ellrich
Number: 2258

Course: 10.60 km
Geländelauf lang

Category:
Männer M75

Total time: 1:01:50

Speed: 9.70 km/h
Running performance: 5:50 min/km

Rank in course/Total: 137 (of 163)

Rank in course/Men: 123 (of 136)

Best time in course: 35:03

Rank in category: 1(of 4)

Best time in the category: 1:01:50