



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Dienes, Kay

Club: Eisenach

Number: 2344

Course: 10.60 km

Geländelauf lang

Category:

Männer M20

Total time: 1:04:27

Speed: 9.87 km/h

Running performance: 6:05 min/km

Rank in course/Total: 142 (of 163)

Rank in course/Men: 125 (of 136)

Best time in course: 35:03

Rank in category: 16(of 16)

Best time in the category: 35:03