



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

**Seiffert, Anni**

Club: Hainichläufer  
Number: 2291

Course: 10.60 km  
Geländelauf lang

Category:  
Frauen W60

Total time: 1:05:00

Speed: 9.23 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 143 (of 163)

Rank in course/Women: 18 (of 27)

Best time in course: 46:24

Rank in category: 1(of 2)

Best time in the category: 1:05:00