



7. Trefffurter Stadtlauf

Treffurt / 11.09.2010

Detailed evaluation

Hiller, Nadine

Club: Suhl

Number: 2215

Course: 10.60 km

Geländelauf lang

Category:

Frauen W20

Total time: 1:05:08

Speed: 9.21 km/h

Running performance: 6:08 min/km

Rank in course/Total: 145 (of 163)

Rank in course/Women: 19 (of 27)

Best time in course: 46:24

Rank in category: 3(of 3)

Best time in the category: 46:24