



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Eccarius, Alexander

Club: WSC 07 Ruhla  
Number: 1902

Course: 5.50 km  
Geländelauf kurz

Category:  
männliche Schüler A

Total time: 22:02

Speed: 13.62 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 8 (of 103)

Rank in course/Men: 8 (of 57)

Best time in course: 20:05

Rank in category: 2(of 9)

Best time in the category: 22:01