



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Schäfer, Andreas

Club: SV 1899 Mühlhausen
Number: 2370

Course: 5.50 km
Geländelauf kurz

Category:
Männer M40

Total time: 22:44

Speed: 13.20 km/h
Running performance: 4:08 min/km

Rank in course/Total: 10 (of 103)

Rank in course/Men: 9 (of 57)

Best time in course: 20:05

Rank in category: 2(of 3)

Best time in the category: 21:54