



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Schäfer, Melanie

Club: Sportgymnasium Oberhof  
Number: 1581

Course: 5.50 km  
Geländelauf kurz

Category:  
weibliche Schüler B

Total time: 23:46

Speed: 13.88 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 11 (of 103)

Rank in course/Women: 2 (of 46)

Best time in course: 22:36

Rank in category: 1(of 17)

Best time in the category: 23:46