



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Losinski, Lucas

Club: Sportgymnasium Oberhof
Number: 1520

Course: 5.50 km
Geländelauf kurz

Category:
männliche Schüler A

Total time: 23:56

Speed: 12.53 km/h
Running performance: 4:21 min/km

Rank in course/Total: 13 (of 103)

Rank in course/Men: 11 (of 57)

Best time in course: 20:05

Rank in category: 4(of 9)

Best time in the category: 22:01