



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Krug, Annika-Kristin

Club: LG Ohra Hörsselgras
Number: 1912

Course: 5.50 km
Geländelauf kurz

Category:
weibliche Schüler C

Total time: 29:33

Speed: 11.17 km/h
Running performance: 5:22 min/km

Rank in course/Total: 40 (of 103)

Rank in course/Women: 15 (of 46)

Best time in course: 22:36

Rank in category: 3(of 10)

Best time in the category: 24:19