



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Becker, Susen

Club: SG Schnellmannshausen
Number: 1924

Course: 5.50 km
Geländelauf kurz

Category:
Frauen W30

Total time: 29:45

Speed: 10.08 km/h
Running performance: 5:25 min/km

Rank in course/Total: 42 (of 103)

Rank in course/Women: 16 (of 46)

Best time in course: 22:36

Rank in category: 1(of 1)

Best time in the category: 29:45