



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

**Stollberg, Liz**

Club: SV Creaton  
Number: 1584

Course: 5.50 km  
Geländelauf kurz

Category:  
weibliche Schüler B

Total time: 29:55

Speed: 10.03 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 45 (of 103)

Rank in course/Women: 17 (of 46)

Best time in course: 22:36

Rank in category: 7(of 17)

Best time in the category: 23:46