



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Lauterbach, Nathalie

Club: SV Creaton

Number: 1583

Course: 5.50 km

Geländelauf kurz

Category:

weibliche Schüler B

Total time: 30:11

Speed: 9.94 km/h

Running performance: 5:29 min/km

Rank in course/Total: 46 (of 103)

Rank in course/Women: 18 (of 46)

Best time in course: 22:36

Rank in category: 8(of 17)

Best time in the category: 23:46