



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Fischer, Astrid

Club: Treffurt  
Number: 1551

Course: 5.50 km  
Geländelauf kurz

Category:  
Frauen W35

Total time: 32:24

Speed: 9.26 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 57 (of 103)

Rank in course/Women: 24 (of 46)

Best time in course: 22:36

Rank in category: 1(of 2)

Best time in the category: 32:24