



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Hollander, Christian

Club: ZSG Waltershausen

Number: 23

Course: 6.00 km

6 km Lauf

Category:

männliche Schüler A

Total time: 28:48

Speed: 12.50 km/h

Running performance: 4:48 min/km

Rank in course/Total: 10 (of 37)

Rank in course/Men: 10 (of 24)

Best time in course: 23:46

Rank in category: 1(of 3)

Best time in the category: 28:48