



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Hecht, Heike

Club: Spargelläufer Herbsleben
Number: 141

Course: 17.00 km
17 km-Lauf

Category:
Frauen W45

Total time: 1:52:35

Speed: 9.06 km/h
Running performance: 6:37 min/km

Rank in course/Total: 66 (of 73)

Rank in course/Women: 8 (of 11)

Best time in course: 1:27:36

Rank in category: 4(of 4)

Best time in the category: 1:30:50