



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

**Allenberg, Wolfgang**

Club: Ruschell & Koll.

Number: 135

Course: 17.00 km

17 km-Lauf

Category:

Männer M50

Total time: 1:52:58

Speed: 9.03 km/h

Running performance: 6:39 min/km

Rank in course/Total: 68 (of 73)

Rank in course/Men: 59 (of 62)

Best time in course: 1:00:46

Rank in category: 8(of 9)

Best time in the category: 1:11:56