



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

**Bräske, Tino**

Club: DATEV Erfurt  
Number: 175

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M30

Total time: 1:53:33

Speed: 8.98 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 69 (of 73)

Rank in course/Men: 60 (of 62)

Best time in course: 1:00:46

Rank in category: 4(of 4)

Best time in the category: 1:12:29