



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Fender, Simone

Total time: 1:49:09

Club: Laufsportgruppe Helmers, Struth-Helmershof

Speed: 6.60 km/h

Number: 96

Running performance: 9:06 min/km

Course: 12.00 km

Rank in course/Total: 16 (of 39)

Nordic Walking

Rank in course/Women: 11 (of 29)

Category:

Rank in category: 11(of 29)

Frauen

Best time in the category: 1:37:01