



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Hildebrandt, Nils

Club: Bufleben
Number: 27

Course: 6.00 km
6 km Lauf

Category:
Männer M45

Total time: 30:05

Speed: 11.97 km/h
Running performance: 5:01 min/km

Rank in course/Total: 13 (of 37)

Rank in course/Men: 12 (of 24)

Best time in course: 23:46

Rank in category: 2(of 4)

Best time in the category: 27:37