



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Mönning, Christina

Total time: 2:10:19

Club: Ruschel & Coll. GmbH & Co. KG, Steuerberatungsgesellschaft

Number: 100

Speed: 5.53 km/h

Running performance: 10:52 min/km

Course: 12.00 km

Rank in course/Total: 34 (of 39)

Nordic Walking

Rank in course/Women: 25 (of 29)

Best time in course: 1:37:01

Category:

Rank in category: 25(of 29)

Frauen

Best time in the category: 1:37:01