



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Rudolf, Gerda

Club: KSK Gotha  
Number: 116

Course: 12.00 km  
Nordic Walking

Category:  
Frauen

Total time: 2:10:21

Speed: 5.52 km/h  
Running performance: 10:52 min/km

Rank in course/Total: 35 (of 39)

Rank in course/Women: 26 (of 29)

Best time in course: 1:37:01

Rank in category: 26(of 29)

Best time in the category: 1:37:01