



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Malsch, Beate

Club: Steuerbüro Malsch
Number: 8

Course: 6.00 km
6 km Lauf

Category:
Frauen W40

Total time: 36:26

Speed: 9.88 km/h
Running performance: 6:04 min/km

Rank in course/Total: 28 (of 37)
Rank in course/Women: 9 (of 13)
Best time in course: 29:45

Rank in category: 1(of 1)
Best time in the category: 36:26