



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen

Number: 12

Course: 6.00 km

6 km Lauf

Category:

Männer M40

Total time: 25:38

Speed: 14.04 km/h

Running performance: 4:16 min/km

Rank in course/Total: 3 (of 37)

Rank in course/Men: 3 (of 24)

Best time in course: 23:46

Rank in category: 1(of 5)

Best time in the category: 25:38