



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Smolinski, Konrad

Club: LTV Erfurt  
Number: 137

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M20

Total time: 1:06:39

Speed: 15.30 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 2 (of 73)

Rank in course/Men: 2 (of 62)

Best time in course: 1:00:46

Rank in category: 2(of 7)

Best time in the category: 1:00:46