



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

**Seckel, Tony**

Club: Laufteam Erfurt  
Number: 124

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M20

Total time: 1:07:42

Speed: 15.07 km/h  
Running performance: 3:59 min/km

Rank in course/Total: 3 (of 73)

Rank in course/Men: 3 (of 62)

Best time in course: 1:00:46

Rank in category: 3(of 7)

Best time in the category: 1:00:46