



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Gärtner, Uwe

Club: Volkssport  
Number: 173

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M35

Total time: 1:09:32

Speed: 14.67 km/h  
Running performance: 4:05 min/km

Rank in course/Total: 4 (of 73)

Rank in course/Men: 4 (of 62)

Best time in course: 1:00:46

Rank in category: 1(of 3)

Best time in the category: 1:09:32