



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Crusius, Florian

Club: AVJC Zella Mehlis
Number: 147

Course: 17.00 km
17 km-Lauf

Category:
Männer M20

Total time: 1:14:46

Speed: 13.64 km/h
Running performance: 4:24 min/km

Rank in course/Total: 10 (of 73)

Rank in course/Men: 10 (of 62)

Best time in course: 1:00:46

Rank in category: 4(of 7)

Best time in the category: 1:00:46