



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Luther, Mathias

Club: SV Motor Tambach
Number: 166

Course: 17.00 km
17 km-Lauf

Category:
Männer M45

Total time: 1:19:30

Speed: 12.83 km/h
Running performance: 4:41 min/km

Rank in course/Total: 19 (of 73)

Rank in course/Men: 19 (of 62)

Best time in course: 1:00:46

Rank in category: 4(of 17)

Best time in the category: 1:17:07