



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Körber, Norbert

Club: Steuerbüro Körber
Number: 190

Course: 17.00 km
17 km-Lauf

Category:
Männer M45

Total time: 1:21:19

Speed: 12.54 km/h
Running performance: 4:47 min/km

Rank in course/Total: 21 (of 73)

Rank in course/Men: 21 (of 62)

Best time in course: 1:00:46

Rank in category: 5(of 17)

Best time in the category: 1:17:07