



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Schneider, Detlef

Club: LG Friedrichroda  
Number: 139

Course: 17.00 km  
17 km-Lauf

Category:  
Männer M50

Total time: 1:21:25

Speed: 12.53 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 22 (of 73)

Rank in course/Men: 22 (of 62)

Best time in course: 1:00:46

Rank in category: 3(of 9)

Best time in the category: 1:11:56