



3. Zweitalsperrenlauf  
Tambach Dietharz / 12.09.2010

Detailed evaluation

Herrmann, André

Club: Tambach-Dietharz

Number: 171

Course: 17.00 km

17 km-Lauf

Category:

Männer M40

Total time: 1:25:50

Speed: 11.88 km/h

Running performance: 5:03 min/km

Rank in course/Total: 26 (of 73)

Rank in course/Men: 26 (of 62)

Best time in course: 1:00:46

Rank in category: 8(of 8)

Best time in the category: 1:09:43