



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Ernst, Marcel

Club: SV 05 Friedrichroda
Number: 13

Course: 6.00 km
6 km Lauf

Category:
Männer M20

Total time: 27:10

Speed: 13.25 km/h
Running performance: 4:32 min/km

Rank in course/Total: 7 (of 37)

Rank in course/Men: 7 (of 24)

Best time in course: 23:46

Rank in category: 3(of 5)

Best time in the category: 24:23