



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

Kißling, Stefan

Club: Schnepfenthal
Number: 192

Course: 17.00 km
17 km-Lauf

Category:
Männer M30

Total time: 1:30:47

Speed: 11.24 km/h
Running performance: 5:20 min/km

Rank in course/Total: 37 (of 73)

Rank in course/Men: 36 (of 62)

Best time in course: 1:00:46

Rank in category: 2(of 4)

Best time in the category: 1:12:29