



3. Zweitalsperrenlauf
Tambach Dietharz / 12.09.2010

Detailed evaluation

haferanke, manfred

Club: Lauffreunde Gotha
Number: 142

Course: 17.00 km
17 km-Lauf

Category:
Männer M60

Total time: 1:31:30

Speed: 11.15 km/h
Running performance: 5:23 min/km

Rank in course/Total: 39 (of 73)

Rank in course/Men: 37 (of 62)

Best time in course: 1:00:46

Rank in category: 3(of 7)

Best time in the category: 1:24:51